

Starbrary Healing Group Booking Conditions 2026

Please read these conditions carefully. In applying for the Starbrary Healing Group you agree that:

1. You are over the age of 18.
2. You will keep confidentiality within the Group.
3. You will treat other members of the Group with consideration and respect.
4. You understand that punctuality is required. Access to a live Zoom session will close **five minutes** after the start time and you will not be admitted after this point.
5. You take responsibility for checking your email inbox to find the Zoom link ready for the Group session. Ensure you have located your link *at least* one hour before the session opens. Lauren is focused on preparing for the Group and will be unavailable to respond to messages immediately before going online.
6. You accept full responsibility for your own health and well-being throughout. Lauren D'Silva and Touchstones Therapies Limited will accept no responsibility whatsoever for your health and well-being.

The Starbrary Group is not suitable if you are:

- i) pregnant
- ii) experiencing an ongoing medical condition of an acute nature
- i) experiencing ongoing severe emotional or mental trauma
- ii) misusing drug (prescribed or otherwise), alcohol or other substances
- iii) have special needs that create problems with paying attention

Please state any ongoing health issues clearly on your application form. Your medical information will be held in confidence. If you are in any doubt about whether this Group is suitable for you should seek medical advice before applying.

7. Withdrawal from the Group and refunds:

Your subscription is renewed monthly until you notify Lauren that you would like to pause or withdraw.

You are required to pay your monthly subscription whether you attend the live sessions or not. If there is dissatisfaction with the Group, you must notify Lauren D'Silva by email immediately. Retrospective complaints will not be considered as reason for refunds. If for some unforeseeable reason Lauren does not run at least one live Thursday session a month your fees for that month would be refunded.

8. This Group is not intended as an arena for political or religious debate or a place to air conspiracy theories. We aim to leave the divisions of the outer world behind when we come to Circle.

9. Lauren D'Silva reserves the right to ask any member to leave the Group if their behaviour is not considered conducive to the harmony of the group.

10. If you are asked to leave any monies paid for future sessions will be refunded, but monies paid where sessions have been delivered will not be subject to any refund.

Lauren D'Silva, Director, Touchstones Therapies Limited